

JULIA POND

DANCE ARTIST & RESEARCHER

juliapond.com

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info@juliapond.com

PROFESSIONAL SUMMARY

Maker, teacher, and researcher, with a unique career path spanning 20th Century American modern dance and interdisciplinary performance. TECHNE-funded PhD candidate at Kingston University in dance and political economy. Yoga teacher. BFA Dance Boston Conservatory. MFA Creative Practice: Dance Professional Trinity Laban + Independent Dance. MA International Relations. Former dual careerist as a Director of Content in travel tech followed by communications consulting for arts organisations.* Mother.

CHOREOGRAPHY & PERFORMANCE

- Original Works
2001-2024
- Company performance
2001-2019
- Freelance
2011-2024

Choreography

- OFF PEAK (2024, seed commission by TripSpace in further development)
- BRED (2022, interactive installation supported by Pavilion Dance Southwest, North Devon Council, Laban)
- Bach Motets (2012) Song of the Sibyl (2010), La Clausura Sconfinata (2009)

Company performance

- Duncan Dance Project (co-founder and director) (2014-2019)
- Isadora Duncan Dance Group London / Paris (company dancer) (2012-2017)
- Lori Belilove's Isadora Duncan Dance Company (company dancer) (2001-2005)

Freelance performance and movement direction

- Serena Korda (2011 - 2013: Laid to Rest, the Transmitters, Boob Meteorite)
- Colleen Bartley (2022) Surface Tension of the Unknown
- Zorka Wollny (2009 Ballet Meetings Festival, Lodz)
- Movement direction: Cambridge Youth Opera, Round in Circles Productions

TEACHING & FACILITATION

- Various
2016-2024
- Various Recent
2021-2024
- PYE, LIFEbeat, Art Monastery Project
2008-2020

Higher Education

- Guest lecturer Bath Spa University, MA in Dance (2024)
- Guest lecturer, historic dance module, Lincoln University (2016)
- Guest, People's Friendship University, Moscow (Isadora Duncan Festival)
- Master classes: Muhlenberg College, Lees-McCrae University

Professional and Adult

- Professional and open level classes at Independent Dance, TripSpace, Bernie Grant Centre, Rambert Playground, Intercultural Roots

Facilitation & Leadership

- Lead trainer in Creative Empowerment model (<https://partnersforyouth.org/about/>)
- designed and led multi-arts programmes for youth and adults in UK and Italy, focused on social impact and inclusion
- Founding team member at Art Monastery Project, a social sculpture developing project's model of contemplative artistic community practice (artmonastery.org) (2008-2011)

*CV available on request

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RESEARCH & PUBLICATIONS

2023-2024

Research

- core member and project co-ordinator of AHRC funded research network Dancing Otherwise: Exploring Pluriversal Practices research network, part of Dance Research Matters umbrella
- convened "Fleshing it Out: Embodied Practice and Socio-Political Impact" a 1 day research event with Emilyn Claid and Ben Spatz
- co-organiser of Isadora Duncan International Symposium, a global conference for practitioners of Duncan technique and repertory

2023-2024

Publications

- Talking to Myself: a dialogue between Practice and Performance, Documenta Journal (<https://documenta.ugent.be/article/id/86012/>)
- Bread dough as material metaphor for the maternal experience, Studies in the Maternal Journal <https://www.mamsie.bbk.ac.uk/article/id/11219/>
- "Dance and Degrowth" chapter in 'Dialogues for Degrowth: Interdisciplinary Perspectives for Sustainable and Inclusive Futures' with Elgar ([Forthcoming 2025](#))

Various
2013-2016

Presentations (Recent)

- Energy Philosophy of Practice Conference, Dundee University (2024)
- Visceral Bodies Symposium, Kingston University (2023)
- TaPRA 2022 (A New Survivalism: practical somatic research presentation at Theatre and Performance Research Association annual conference)

EDUCATION

Kingston University
2022-present

PhD Candidate, Kingston School of Arts

- Research title: Re-articulating Value: Embodied pathways to sustainability
- TECHNE DTP fully funded

Trinity Laban Conservatoire of
Music and Dance
2019-2021

MFA in Creative Practice: Dance Professional

- Outstanding distinction for BRED: Dough-ing embodied research into value and productivity
- Leverhulme Scholar

St John's University
2008

MA International Relations

- concentration in public policy

The Boston Conservatory
2000

BFA in Dance

- Distinction
- Modern (concentration on Limón) and Ballet focused programme, with flamenco, West African dance, and Alexander technique

SKILLS

• **Certified yoga instructor**
300 hours, 2013

• **Collaborative practice and facilitation**

• **Marketing, Editorial and Communications**
See professional summary

• **Proficient in office suites and academic software**

• **Italian language**
Fluent